



Unstructured Outdoor Play

Unstructured outdoor play is play that is directed by kids, with no specific learning objective. It looks different for every kid, but we've included a few helpful hints to help your kiddo play on their own outdoors.



1. **Set boundaries.** Let kids know how far they can travel and how long unstructured play will last. Outline which areas, activities, or items are off limits.
2. **Identify hazards.** What hazards are present? Do you need to remove them?
3. **State expectations.** Where will you be, and what will you be doing? When will it start and end? What do you expect from them?
4. **Remind kids that they are capable.** Kids may need to be reminded that they are capable of playing on their own.
5. **Resist the urge to intervene.** Try to let kids work through the challenge of being bored and minor squabbles on their own.

To see the Youtube video, visit <https://youtu.be/D5YEfTto6YM>