

## Carrots

Take the carrot tops that were cut off (about 1.5 inches).
Place them *cut side down* in a shallow bowl with 1 inch of water.
When they start to have roots and greenery, plant them in soil and place them in a sunny place. Keep them hydrated.



## Potatoes

Find an older potato in your kitchen that has already gown sprouts.
Cut out the eye that has the sprout about 1 inch wedge.
Let the wedge dry for 2 days.

4. Plant the spout wedge in soil with all of the skin of the potato covered with just the sprout showing. Keep watered.

Warning: potato leaves are toxic. Do not eat the leaves.

See YouTube how-to video at https://youtu.be/7N85b5e1B6g



 Remove seeds from the fruit. Wash seeds with water to get the slime off.
Plant seeds immediately in a glass container with a lid about 1.5 inches in soil.

- 3. Add a little water.
- 4. Place in a spot with good light, but not direct sunlight because the seeds could die if they get too hot.
- 5. Once you see spouts, take the lid off, and they can be in more sunlight.
- 6. If you see good roots in the jar, you can transplant the plant to a larger pot with more soil.

